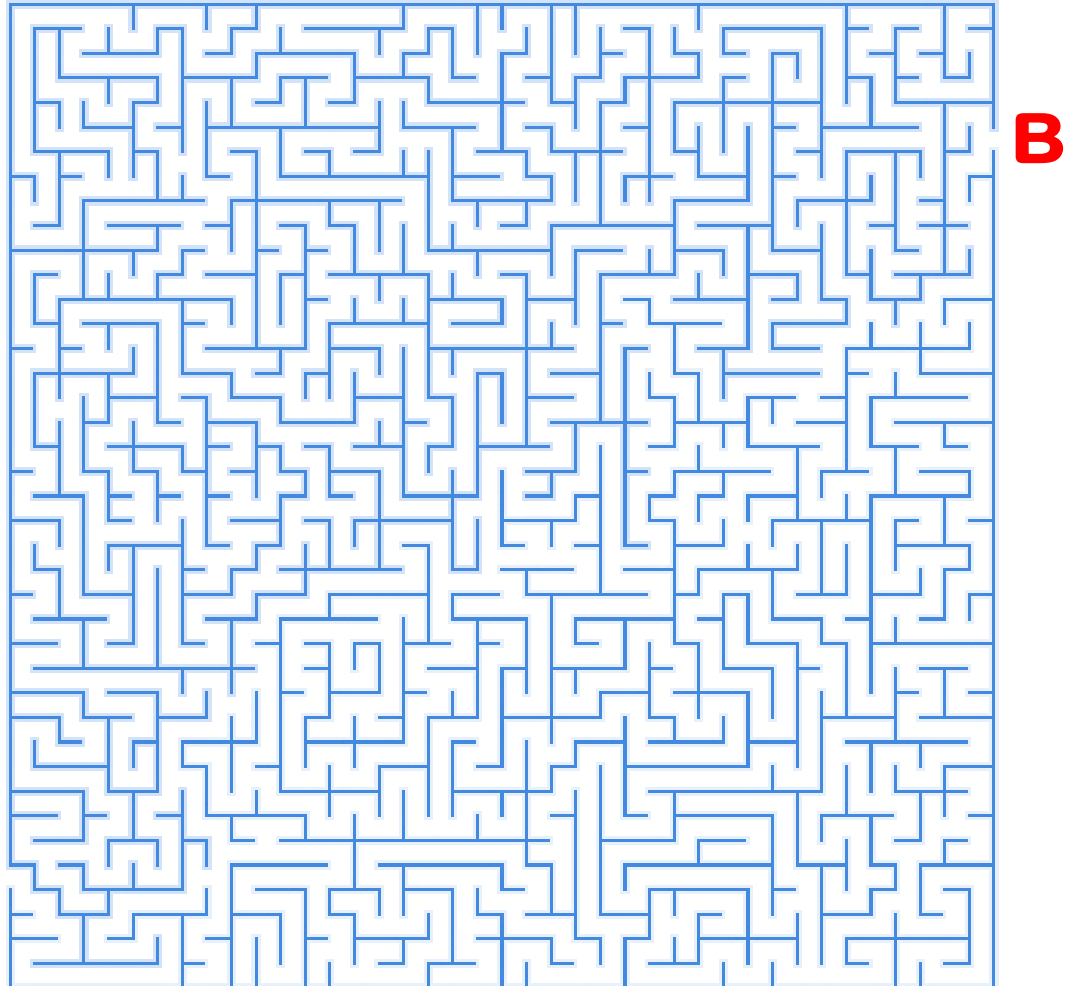




Activity 5

Maze Mentality



Stimulate your mind by finding your way through the challenging Act-Belong-Commit maze. Start at point A and make your way to point B.

“Simply being active — physically, mentally or socially is good for our mental health and happiness.”

www.actbelongcommit.org.au